

The WAGGGS Arab African Youth Forum

**INFORMATION ON
Take the Lead – The WAGGGS
Arab African Youth Forum
15-21 September 2006 - Cairo, Egypt**

🌀 PART 1 ~ GENERAL INFORMATION 🌀

🌀 Aim

To bring young women from the Africa Region and the Arab Region together to create better understanding of each other in the similarities and differences in their cultures and to promote leadership as well as friendship and sisterhood spirit in both Regions.

🌀 Objectives

Develop increased intercultural awareness of all participants.
Develop leadership skills.
Develop opportunities and good practice for exchange between Associations.
Promote new friendships.
Raise awareness on issues affecting girls and young women i.e. AIDS and agree on strategies.

🌀 Date of Forum

15-21 September 2006 (arrival 15 September and departure 21 September).
Members of the Girl Guides Association of Egypt will meet all participants at Cairo International Airport and take them to the hotel. Please wear scarf and/or uniform for easy identification. Please send your arrival information by 15 August 2006 to ensure that the Girl Guides will be picking you up.

Profile of country



Egypt, officially known as Arab Republic of Egypt, is located in north-eastern Africa and south-western Asia. It is bounded on the north by the Mediterranean Sea, on the east by Palestine and the Red Sea, on the south by Sudan and on the west by Libya. Cairo is the capital and largest city and the most modern in the Middle East and Africa.

The Nile enters Egypt from Sudan and flows north for about 15435 km to the Mediterranean Sea.

Climate

The average temperature in Cairo at this time of year is 30°C. Please bring hats as protection from the sun.

Currency

The currency used is Egyptian Pounds (approximately 6 Egyptian Pounds is equivalent to US\$1). Delegates are advised to bring US\$ for easy exchange at hotel.

Voltage

The voltage for hairdryers and other electrical equipment is 220 volts, although hairdryers are supplied in the bedroom. Plugs are two pin and round.

Venue

The venue for the Forum has changed. The Forum will now be held at the Hotel Sheraton Cairo.

Address: Hotel Sheraton Cairo, Galaa Square, Dokki, Cairo, Egypt

Telephone : + 202 3369700/800

Fax: + 202 3364467

The hotel is a five star hotel and offers high standards of service. It is situated in the heart of Cairo and is easily accessible to many sites.

Dining facilities at the hotel

Breakfast, lunch and dinner will be taken at the hotel. Meals will be buffet style and will offer a variety of food.

For the International Night, delegates are invited to bring pre-packed food from their country which will be shared by delegates. Please note that food cannot be cooked or prepared at the hotel.

🌀 Insurance

Neither the Egyptian Girl Guides Association nor WAGGGS can take responsibility for any medical claims, accident claims or personal property claims by participants.
ALL PARTICIPANTS MUST ARRANGE THEIR OWN INSURANCE FOR HEALTH, ACCIDENT AND PERSONAL PROPERTY.

🌀 Medical Facilities

In case of accident or illness, the Egyptian Girl Guides Association will take the participants to a hospital or to a medical surgery, depending on needs. The individual will have to pay their own bills.

🌀 Vaccination

A yellow fever vaccination certificate is required. Vaccination against typhoid and polio is advised.

🌀 Participation Fees

The participation fees will be as follows:
US\$120 per person in single room
US\$80 per person in double room

This price covers full accommodation, meals and coffee breaks. The fees should be paid at the event.

Participants who will arrive earlier than the 15 September 2006 and/or stay later than 21 September 2006 due to airline bookings could stay at the Girl Guide residence of the Egyptian Federation of Girl Guides and Girl Scouts. Fees per day are US\$10. This price covers bed and breakfast. Transportation from the residence to the hotel and/or vice versa will be organized free of charge.

Address of residence: 5 Shanon Street, Off Galaa Street, Cairo. Tel: + 202 5766 313.

🌀 Home Hospitality

Participants who arrive earlier than 15 September 2006 and/or stay later than 21 September 2006 can stay at the Girl Guides residence of the Egyptian Federation of Scouts and Guides. Fees per day are US\$10. The price covers bed and breakfast only. Transportation from the residence to the hotel and/or to the airport will be organized free of charge.

🌀 Sightseeing in Cairo

The programme includes a visit to the pyramids and to the famous Khan el Khalily market.

🌀 Sightseeing Post Forum

A two day sightseeing tour will be organized post Forum. A full day sightseeing including transport to and from the hotel will cost US\$25 per person.

🌀 Simultaneous Interpretation

Participants should be able to communicate well in English or French. However, simultaneous interpretation (English/Arabic/French) will be provided.

🌀 Registration and Accommodation Fees

The registration desk will be situated on the mezzanine floor outside the plenary hall. Registration will be open on Friday, 13 September from 14:30-16:00 and on Saturday, 16 September from 7:00-8:00 am. You will be required to pay for your accommodation fees. We will only accept US\$ or Egyptian Pounds. Please make sure you have the correct currency and amount.

🌀 Emergency Contacts

In case of emergency please call the Egyptian Association on: (00 202) 3352836 or Hoda Elagaty, International Commissioner on: 00 201 222 11531.

🌀 PART 2 ~ INFORMATION ON PROGRAMME 🌀

🌀 Friday, 15 September 2006 – Arrival of Participants

This is the main arrival and registration day. The registration desk will be open from 16:00-17:00. Registration will take place on the mezzanine floor outside the plenary hall and not on the first floor.

🌀 Saturday, 16 September 2006

For late arrivals, the registration desk will be open again from 7:00-8:00 am.

Reflection

A daily reflection will be presented for five to ten minutes. The first day the reflection will be presented by both the Arab Regional and Africa Regional Chairmen. On consecutive days reflections will be presented by groups. Further information will be given at the Forum.

Orientation Session

The orientation session will include the following:

- Welcome speech;
- Practical information;
- Getting to know each other and code of conduct.

This will be followed by the aim and objective of the Forum and Expectations of participants.

Presentation of WAGGGS

This presentation will focus on the six areas of work which are: Structure and Management, Educational Programme, Training, Finance, Membership, Relationship to Society.

Briefing on Daily Evaluation and Reflection

Participants will be informed on the way to carry out the daily evaluation and reflection.

Discover your Potential

Aim: This session encourages participants to get know themselves better as well as others and challenge themselves to soar to greater heights.

Objectives:

- Know yourself, discover your strength and weaknesses.
- Redefine your limits and identify your development needs.
- Explore methods of developing your skills.

Opening Ceremony

The Opening Ceremony will be held at the headquarters of the Federation of the Scouts and Guides of Egypt. Ministry officials and high profile members will be in attendance.

Khan el Khalily

This is a renowned market in Old Cairo. Participants will have the opportunity to mingle with local people and buy a few souvenirs.

Sunday, 17 September 2006

Pyramid visit

The pyramids are the most potent and enduring symbols of ancient Egyptian civilization. A visit to the pyramids has been planned to start our second day of the Forum.

I am part of Arab Region/Africa Region of WAGGGS

Presentation on the work and achievements of both the Arab and Africa Regions as well as WAGGGS.

Tradition and Heritage

The session on tradition and heritage will first of all take participants through a video of different cultures and heritage especially from both regions. Thereafter, an interactive exercise will follow where participants will share a special heritage peculiar to our country and in turn have knowledge of another tradition. Finally about ten participants will share one new (strange) tradition she has learnt.

International Night

The International Night is a fun evening with the opportunity for participants to learn more about the different cultures.

Monday, 18 September 2006

Leadership Skills

This session consists in gaining (or recalling) knowledge in leadership and practicing it in a fun way.

Participants will be divided into three groups. Each group will begin with games and then sum up the main ideas on a flipchart.

Level 1: Personal skills: Differences between the leadership skills and the management skills – Attitude, values, importance of leadership.

Level 2: Leading a project: in your organization, the main important points to observe in project management.

Level 3: Leadership skills in recruitment and retention, succession plan – Role play.

Planning – Vision and Goals

Aim:

1. Know the difference between vision and mission and how to establish one for your life.
2. Identify the importance of planning and how to make a good strategic plan.

Creativity Workshop

Aim: To remove the participants preconceived 'filters' so that they can develop the creativity through new ways of thinking and doing.

Objective:

- Experience 'out of the box' thinking.
- Experience how cultural background, habits and norms affect creative thinking.

- Understand that a cross-cultural group (or a group with varied experience or backgrounds) can accelerate problem solving.
- Gain knowledge of exercises which can be used within their Association

Teamwork

The session aims to engage participants first in a group task to assess their ability to work in a team, their joint problem-solving ability and brainstorming, how they challenge each others ideas and ability to work together to develop plan. The session will further explain in detail the essentials of teamwork, levels of teamwork, basis of good team work.

Big Game

Participants will be divided into patrols to take part in a big game based on leadership information they acquired during the day.

🌀 Tuesday, 19 September 2006

Adolescent Health/Early Marriage and HIV/AIDS

We will have a speaker from WHO (World Health Organization) who will be chairing both sessions. Further information will be given upon arrival.

Open Forum

Aim: To discuss/debate subjects related to the theme "Adolescent health" which were not covered previously in the discussions. It is an opportunity for the participants to express their ideas.

Preparation of Stands and Exchange Stands

There will be stands where the different participants will present and exchange their projects from their Associations with other participants.

Free Evening

Free evening for participants to further develop friendship among themselves. This will also be a good opportunity to visit the city of Cairo.

🌀 Wednesday, 20 September 2006

Conflict Resolution

This session will set out guidelines, and not give a recipe, to conflict resolution and the role of mediation.

Role Play in Negotiation Skills

Aim: How to be a successful negotiator, influencing people through good communication skills and factors to consider while formulating a good negotiation team.

Inner Peace

Dr Walid Ghonein (the Chi Kung Instructor) will be leading this session.

Action Plan/Evaluation

Aim: To get a clear feedback and measures performance against quantified objectives and provide individual and team feedback.

Presentation of Certificates and Farewell Dinner and Gifts

A time to thank everyone for their participation and hard work. The leadership of the Federation of Scouts and Guides of Egypt will join us for this session.